

VOLUNTEERS NEEDED AT BROOKE GROVE RETIREMENT VILLAGE

DISCOVER THE POSSIBILITIES!

Brooke Grove offers volunteer opportunities for a range of interests and suited to almost any schedule. We hope you identify several positions that will allow you to give your time and have fun, too! We value your contribution and will work with you to identify opportunities and create a schedule that allows you to participate.

Activities Assistant: A variety of LIFE enrichment programming takes place at BGRNC and in assisted living, where volunteers assist staff with leading activities and transporting residents to the on-campus program location. Examples include calling Bingo; playing board, card, horseshoe or balloon ball games; doing crafts; leading sing-alongs; working puzzles and more. Programming occurs primarily from 10 a.m.-12 noon and 2 p.m.-4 p.m.

Administrative Support: Several offices on campus need assistance with tasks such as filing, data entry, copying, stuffing welcome or discharge packets, creating patients charts or collating mailings. Some of these are regular schedules (every Tuesday, for example) while others can take place at any time, 9 a.m.-5 p.m., on a regular or irregular basis. Occasionally, there is also a need for someone to answer the phone and take messages at a particular location.

Culinary Runner: What is a culinary runner, you ask? This is a volunteer who takes rejected meals back to the kitchen and gets a replacement meal to deliver to a dining room. This position is a huge help to the kitchen and nursing staff, who can't stop what they're doing to pick up and deliver these special requests. This volunteer role is needed at the times shown below, under Dining Room Aide.

Dining Room Aide: Help is needed in dining rooms during breakfast, lunch or dinner with setup, getting drinks, opening drink or food packets, preparing residents and general clean up. Aides may also assist in transporting residents to/from the dining room or by responding to call bells during meals. At dinnertime, volunteers may also be asked to set up movies to start after dinner ends. There are different meal times for each dining room in the Nursing Center, but inclusive schedules are as follows: **Breakfast:** 7:30-10 a.m. • **Lunch:** 12 noon-2:30 p.m. • **Dinner:** 5:30-7 p.m.

Entertainment: Volunteers are needed who play piano, guitar or other instruments; can sing, lead sing-alongs or lead hymn-sings on Sundays; or who can provide some type of entertainment for resident groups.

Friendly Visitor: Some nursing center and assisted living residents have few visitors and welcome the opportunity to socialize. Volunteers many develop kinships with several residents with whom they visit on a regular basis, or they may visit different people each time. Residents with Alzheimer's or memory issues also benefit from hand massage during friendly visits prior to mealtime.

Grounds Help: The Brooke Grove campus includes extensive grounds and gardens. Assistance is needed to help weed garden areas and pick up trash and debris on the grounds, walkways and roads. If you like being outdoors, this is the perfect volunteer job for you!

Laundry Room Organizer: The assisted living houses need volunteers to sort out torn or stained clothing, fold towels and organize the laundry rooms on a regular basis. Obsessed with neat and orderly? This position will give you great satisfaction.

Manicurist: Nursing center residents are offered simple manicures (no polish). If you have some experience in this area, you can assist our nursing staff in this way. Day or early evening hours available.

Sign Language Interpreter: The admissions team occasionally needs volunteer assistance to interpret for deaf individuals. If you know sign language and can assist as an on-call interpreter, your services will be greatly appreciated!

To learn more about volunteer opportunities, contact Norma Heim, director of volunteer services, at 301-570-7081 or volunteers@bgf.org.