

## OUR VOLUNTEERS HELP OUR RESIDENTS BY:

- Assisting with their simple, daily activities like watering plants and writing letters
- Transporting them around different areas in the nursing home
- Keeping them company while enjoying fresh air outdoors
- Assisting in organized group activities and
- Simply being someone to talk to.

FOR INFORMATION ON HOW TO VOLUNTEER, YOU MAY CONTACT US AT:

- 🖊 P: (301) 279-9000
- E: rnhactivities56@yahoo.com
- A: Rockville Nursing Home
  Steppe Memorial Building
  303 Adclare Road Rockville MD 20850